

Our thoughts on treats:

- Treats should be used for training purposes as rewards.
- They should be kept “special” and not over-used or else your dog won’t care about earning them.
- Used selectively, along with upbeat praises, when your dog earns them will have the most impact!
- Be careful of over feeding treats or your dog may not want his food and/or not get a balanced nutrition. Treats are often high in fat and/or cheap fillers like corn.

Here is my favorite homemade dog treat recipe. It is so easy to make and so healthy for your canine friend! And trust me, our dog LOVES these! I usually double or triple the batch and keep a small jar on the counter and the rest in a ziplock bag in the freezer.

Ingredients:

- 2 cups whole wheat flour (you can use another type of flour if your dog is sensitive to wheat)
- 1 cup rolled oats>
- 1/3 cup peanut butter, chunky or smooth (I used smooth this time)
- 1 1/4 cups hot water
- Additional flour for rolling

Instructions:

1. Preheat oven to 350° F
2. Mix dry ingredients together.
3. Mix in the peanut butter and hot water. You may need to add more flour if the dough is too sticky.
4. Knead the dough well.
5. Roll out the dough into 1/4" thickness and cut into shapes with dog cookie cutters. (Or, in my case, just cut into postage stamp sized squares because dogs don't really care about the shape! ☺)
6. Bake on a lightly greased cookie sheet for 40 minutes.
7. Cool them completely on a wire rack before serving.

After: The cookies get very hard, just the way dogs like them!

Storing: This peanut butter dog biscuit recipe makes biscuits that will last in a sealed air tight container at room temperature for one week. You can store them in the refrigerator for 3 weeks and in the freezer for up to 6 months.